



Job Title: Health & Physical Activity Coach

Salary: £20,000

Hours: 37.5 hours per week

Location: Hull FC Community Foundation, Pickering Road, Hull, HU4 7AE

Report To: Head of Health & Wellbeing

About Hull FC Community Foundation:

Hull FC Community Foundation is the independent charitable arm of rugby league club Hull FC. Established in 2006, the Foundation uses the power of sport and strong local influence of the professional side to make the biggest difference possible in one of the most deprived communities in England through delivering needs led projects targeting four agendas: Sports and Physical Activity, Education and Employability, Health and Wellbeing, and Social Inclusion. All projects are underpinned by our values of *Challenge, Compassion, Determination, Honesty, and Respect*.

Annually, 15,000 people take part in our programmes across the Hull and East Yorkshire region, ranging from mass participation events within schools to focus one to one support with people going through crisis. Our mission is to improve the health and wellbeing of children, young people, and adults through participation in sports and physical activity, and to raise aspirations and skills within young people and adults through bespoke learning and training programmes. We adopt a pro-active approach towards working in partnership with public, private and third sector organisations who share our ethos for the role sport can play in promoting social mobility. Our long-standing strategic partnership with NHS Hull Clinical Commissioning Group ensures that all projects deliver health and wellbeing outcomes, with a particular priority on tackling obesity, mental health, and loneliness.

Purpose of the Role:

Working closely with the Head of Health and Wellbeing, you will be responsible for delivering and supporting the development of all health and wellbeing provision through the Teaming Up for Health partnership including but not limited to; Match Fit, Energise Club, Unite Fitness, Walking Rugby, and Our Best Years amongst new programmes that will arise because of expanding our offer in line with the new strategy.

General Responsibilities:

- To successfully deliver and support the Head of Health and Wellbeing with leading, developing and evaluating all aspects of provision within the health and wellbeing strand, ensuring existing initiatives are successful, whilst assisting with developing new and innovative projects to help increase and improve our stance within the community.
- Deliver and reach all KPI's of your projects whilst monitoring and evaluating each project.
- Adhere to the requirements of the funders and the Foundation.
- Ensure all programmes have impact measurement at the core of delivery, taking baseline data and at regular intervals throughout the duration of delivery.
- Work with the Foundation's Media and Marketing team to produce case studies to promote positive news stories whilst demonstrating the impact our programmes have on participants and the wider community.
- Work with hard-to-reach members of the community to build relationships and inspire them to lead healthier and more positive lifestyles.

- Ensure all activities are correctly monitored with the appropriate risk assessments and health and safety procedures and ensure first aid provisions are put in place.
- Be a flexible member of the Hull FC Community Foundation team and when requested assist in the delivery of other projects and activities during evenings and weekends.
- Ensure any safeguarding concerns are dealt with appropriately for the safety of yourself and others, and that they are reported immediately to the Head of Health and Wellbeing and the Foundation's Safeguarding Lead.
- Communicate effectively with funders and partners.

Person Specification:

- Five GCSEs at Grade C or above.
- Safeguarding (or willingness to achieve immediately).
- First Aid (or willingness to achieve immediately).
- Mental Health First Aid (or willingness to achieve immediately).
- Experience of coaching/working with hard-to-reach communities.
- Ability to work independently and collaboratively as part of a team.
- Self-motivation and the ability to work on own initiative.
- Excellent communication skills including written, telephone and interpersonal skills.
- Proven planning and excellent organisational skills.
- Attention to detail and taking pride in ensuring accurate records are kept.
- Ability to work under pressure and to tight deadlines.
- A high degree of flexibility and confidentiality is needed.
- Confident, outgoing, and friendly personality.
- Attitude to always strive to over-achieve and continuously develop the programme and organisation.
- Competent with the use of IT and IT based systems.
- Highly motivated with a passion for wanting to develop the health and wellbeing of the community.

Safeguarding Statement:

The RFL is committed to safeguarding the welfare of children and young people and expects all staff and volunteers to endorse this commitment.

This post does require a Criminal Record check (DBS).

How to apply:

If you are interested in the above position, please send a cover letter highlighting why you feel you are suitable for the position and an up-to-date CV to Maisie Malton, Head of Health & Wellbeing; Maisie.malton@hullfc.com via email by 5pm on Monday 15th August 2022.

Unfortunately, we cannot reply to every application that we receive. If your application has been successful, you will be contacted shortly after the deadline